

Winter 2012 No 115

Town Centre Changes To Be Made More Cycle Friendly



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Cyclist are directed from a taxi pick-up area by the station onto the footway

Changes made to the layout of the town centre last Spring will be modified to be make them more cycle friendly.

Volunteers from Reading Cycle Campaign, Sustrans and Reading CTC audited the new road layout in Summer 2011 and presented the findings to Reading Borough Council. In December 2011 we held a workshop and site visit with RBC to discuss modifications to problem junctions.

The junction of Friar Street and Victoria Street will have the give

Now includes CTC Bike Rides

Listings

of Queen Victoria Street. The traffic lights on Friar Street will also be modified so that they don't disallow cycle right turns.

way line

relocated to

for cycles to

make it easier

turn in and out

The area outside Reading Station where Garrard Street, Station Road and Forbury Road come together was also looked at. The existing

continued on page 2, second column

Campaign News



Reading Borough Council (RBC)

Local Sustainable Transport Fund Update

As reported in our previous newsletter, RBC has a £4.9m award from the Local Sustainable Transport Fund for schemes to encourage sustainable transport choices, including cycling.

A series of workshops are being held involving RBC and local cycle groups to look at potential improvements in different areas of Reading. The first workshop took place in November 2011 and identified potential infrastructure improvements in east Reading - the output from this workshop is available in the news section of the RCC website.

The second workshop took place on 31 January and looked at potential improvements in north Reading thanks to those members of the RCC who emailed us with suggestions.



Taxis queues emerging from Garrard Street

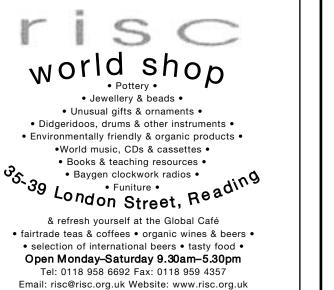
continued from page 1...

situation where cycles, taxis and pedestrians are competing for the same space with little direction or order is far from satisfactory.

In the long term this area will be remodelled as work on the new

southern entrance to the station progresses. In the interim RBC has committed to presenting us with suggestions to improve cycle access to the station.

Keith Elliott RBC Campaigner



Need your bike repaired? Don't have time or the tools to do it yourself?

Wheel building and truing a speciality.

Contact Bob Bristow on

0118 958 2056

for cycle repairs at a very reasonable price.

Other Cycling News

Cycle Safety Front Page from *The Times*

UK cycle safety was in the spotlight on 3 February after *The Times* launched a 'Cities fit for cycling' campaign that coincided with the release of new casualty statistics by the Department for Transport.

The Times deemed the issue important enough for a front page headline, "Save our Cyclists", calling it "a campaign to improve the safety of cycling in Britain's towns and cities". Inside, the newspaper detailed an eight-point manifesto, ranging from requiring trucks to be fitted with more safety equipment, to devoting more of the Highways Agency budget to building cycling infrastructure, to improving training for cyclists and drivers.

The catalyst for the campaign was an accident involving *Times* journalist Mary Bowers, who was hit by a lorry while on her way to work and suffered life threatening injuries. Bowers is still unconscious, while her colleagues question why she and others have joined the growing number of cyclists killed and seriously injured (KSI) in the UK.

Department of Transport figures show that KSI statistics for pedestrian, motorcycle and car users fell by between one and seven percent in the past year. Cyclist KSIs for the same period, however, increased by eight percent, including a four percent rise in the number killed. And although the number of miles cycled does appear to be increasing as well, British roads doesn't appear to be getting any safer.

http://www.bikeradar.com/news/article /uk-cycle-safety-a-hot-topic-33092 3/2/12

Met Police Refunding Fines

The Metropolitan Police is reportedly refunding fines paid by cyclists after they were given fixed penalty notices (FPNs) in error as part of an operation against people riding their bikes, quite legally, through an area of Bloomsbury last month. Those who have been issued FPNs but not yet paid fines have been told they may disregard them.

The police operation was revealed in a forum post on the CTC website, started by a cyclist who was walking his bike past the location in question, outside the University of London's School of Oriental and African Studies (SOAS), which falls within the London Borough of Camden.

The witness said that eight police officers were involved, and added that the only signage in the area directed at bike riders was a sign, only visible from one direction, saying 'Cyclists Dismount' - although such signs are advisory, rather than compulsory.

As one post on the CTC forum thread pointed out, the location where the FPNs were handed out was formerly a road, before being paved over and pedestrianised; while that doesn't change the status of the FPNs, which remain invalid, it does perhaps help explain why the police decided to carry out the operation at that specific site.

http://road.cc/content/news/50753police-cancel-fines-given-londoncyclists-riding-bikes-area-wherecycling-isnt 3/2/12

What Is The Minister for Roads Driving At?

Mike Penning is meant to be Minister for Roads. but that's not how he acts or talks, as cycle organisations find out.

CTC, British Cycling, the Bicycle Association and other cycle organisations attended a meeting in parliament on 2 February with Mike Penning, the MP for Hemel Hempstead, and a junior minister in the Department for Transport. He has responsibility for roads, road safety, and deregulation. The meeting was organised by the All Party Parliamentary Cycling Group and chaired by Cambridge MP Julian Huppert. Penning arrived at the meeting early and joked to Huppert that he was going to "get crucified" by cyclists, but that he wasn't afraid of that because "once you've been crucified once, you don't mind it so much".

Penning started his talk by complaining about cyclists who ran red lights, saying he had counted the number of cyclists riding reds, from his car, earlier that morning. He stopped counting when the number got suitably high enough, he said.

However, he noted the health, environmental and traffic-reducing benefits of cycling, and the importance of giving people the choice to be able to cycle. He said he recognised the need to remove the hindrances to cycling.

He talked about his role as "minister for roads and motoring", making sure as much traffic as possible can use the roads, "sweating these assets" ensuring that lorries can reach their destinations, and acknowledged that this was potentially in conflict with his role as Road Safety Minister.

When asked what he would do to protect cyclists on trunk roads - a cyclist had been killed on the A19 the day before - Penning stressed that cyclists ought to be more visible and wandered off into an example of his well-lit daughter, cycling while at university in Cambridge, compared to her flat mates who did not dress up like Christmas trees.

He also said cyclist safety would be improved by the painting of retroreflective white lines on roads. He didn't enlarge on how this would help cyclists (in fact, such 'safety' measures often lead to faster car speeds and more danger for all).

http://www.bikebiz.com/news/read/ cycle-organisations-meet-with-ministerfor-cars 3/2/12

Chairman's Letter

Dear RCC members,

I must admit to smiling when I go past the petrol pumps. Fuel is once again extremely expensive; I smile even when I drive my car. My car isn't very fuel efficient, but I still smile.

Oil is one of the most amazing resources we have ever discovered. We have built almost an entire economy supported by oil. Anything you can think of is based on oil and the more it costs the more everything else costs. It seems perverse to like the high prices!

The main reason I like the high prices at the petrol pumps is the effect it has on driving habits. People tend to drive a bit more slowly, they might even drive a bit less, but gradually the high price will make some people think that the bike might actually have a place in their lives. I am of course thinking ahead. One day the oil will run out, it is certainly going to get harder to find long before then, and it will only get more and more expensive. So the sooner the prices stop people using so much of it so quickly, the longer it will last, and the more time we have to find alternatives.

Some people think cars are a bad thing too, but they are not. Many years ago little villages were effectively isolated from one another; very few people could afford to travel even to the next village. Then along came the bicycle and people were soon able to get further afield. They made friends in other places; they married from other communities, and spread their genes out a bit. The bike was widely credited with being a very important tool of social mobility.

The car has taken this to another level: as a young man I drove to the north of Scotland and the tip of Cornwall to visit people I would otherwise not have seen. I was able to find work much further away from where I lived than I would have done had I not had a car. I was able to get work because I could drive a car. I was able to take part in sports because I had a car. Even now I love my old car, there are things I find far too hard to do without it. But I don't use it frivolously any more, I use it when I can't find a better alternative.

Around town the bike is the best alternative for me: I can be in town in five minutes, I can get across to Caversham in ten. Even between towns, I occasionally ride to Wokingham, Maidenhead or Henley. My car sits on the drive with its fuel gauge static. I reckon to do about 2,000 miles a year in it, miles I simply couldn't do by bike, with my family, dogs, tents, or with my tools. I think I use fuel quite sparingly.

However, I know someone who gets in his car every morning to drive one and a half miles to collect a paper. On



We have been helping accident victims for well over 30 years and have developed a National reputation for our work in this field.

Specialising in a wide range of injury work for both adults and children, the firm has membership of all the relevant specialist panels including those of the Law Society, Headway and the Spinal Injuries Association and is closely involved with the Bicycle Heimet Initiative Trust (BHIT) based in Reading. Once again my sincere thanks for your kind assistance and courtesy in dealing with this claim and bringing it to a successful conclusion.

Jean Crowin, Kuent

We have our own brain injury support group, an in-house case manager and the experience and commitment to ensure that you and your loved ones get the result and support that you need.

Based in Reading, we represent clients nationally and operate a guaranteed no win no fee no deductions policy.

We hope it never happens to you, but if you do have an accident call Kim Smercion or Julia Appleton

Freephone 0600 864 0719 email advice@claims-personalinjury.com www.boyestumerclaims.com

Chairman's Letter YES, I WANT TO



Sunday once he has read the paper and had his breakfast he drives to church, which is right next door to the newsagent. Now he is complaining about the amount of money this frivolous habit costs, I suggested he try walking (about 20 minutes) or cycling (about 5).

It isn't the first time I have said this, but his normally contemptuous riposte was lacking in conviction. He asked if he could borrow my bike to try it out. He is about 5 foot tall, I am about 6 foot. He clearly had absolutely no idea what cycling was all about.

I have in the past been in a car with him, and had to ask him to give cyclists a bit more room when he passed them. He was similarly contemptuous. "Cyclists are a law unto themselves, always jumping bloody traffic lights," he said.

Eventually I got him a bike and we cycled down to the newsagents. It was a nightmare: he hadn't ridden a bike for more than 30 years, but he was surprisingly still able to pedal, but not in a straight line.

As we rode down the road he was wobbling all over the road, and got a mighty shock when a driver blasted his horn at him. My friend was unable to let go the bars to wave his fist, but he would have done if he could.

We arrived at the shop, he was a little bit puffed, but he was grinning like a fool. He was so thrilled. The journey back, with the paper stuffed up his jumper was even more of a struggle, it was uphill!

Back at his home he regaled almost every inch to his wife, who rolled her eyes in her head. It was clear that the journey to church would still be made in the car.

But the daily newspaper run would be replaced, at least when the weather was nice. He has also cut his fuel bill by 87.5%, as he keeps telling me. He hasn't of course, he does use his car at other times, but he is now planning what else he can do on his bike.

It was the theme of the Cycling Forum, which met in September, to get more people on more bikes more often, so there is one step forward. Well, we should have met again by now, but things came along which prevented me from getting another meeting organised. It is on my list of things to do shortly, and I hope to see some of you there where we can all see what we can do to turn our noncycling friends, with a bit of help from the oil industry. After all, we don't want squeaky chains!

Adrian Lawson Chairman

CTC Affliated Membership

As a member of RCC, did you know you can apply for CTC affiliated membership? Listed below are the benefits:

- 3rd party insurance cover of £5,000,000 anywhere in the world except USA and Canada
- a CTC membership card and the CTC Member benefits giving access to a wide range of discounts and benefits; details available from the website www.ctc.org.uk
- the weekly CTC email newsletter 'Newsnet'

Please note that these benefits apply only as long as you remain a fully paid-up member of RCC.

The cost of the CTC affiliated membership is £16 for a full year.

For more details contact the Membership Secretary on 0118 939 4044

JOIN RCC! Name: Mr/Mrs/Miss/Ms (please delete)
Address
Postcode
Telephone
Email
 I would like details of how I can help with Campaign activities I am a member of the Cyclists' Touring Club
Signed
Date
How did you hear about the Campaign?
 Individual membership (annual) £3 Joint membership (annual) £5 (Two or more living at the same address) No. of people under joint membership Unwaged/unior membership (annual) £1 Life membership £35 I would like to make future payments by
standing order. Please send me details. I enclose a cheque for £ covering my membership and a donation* of £ *An additional donation to help fund our activities would be very much appreciated Please make cheques payable to Reading Cycle Campaign and send together with the completed form to: Membership Secretary, Reading Cycle Campaign, 26 Barrington Way, Reading RG1 6EG Data Protection Act: Reading Cycle Campaign keeps membership records on computer. This information is not disclosed to third parties.
Our Mission • To campaign for better facilities for cyclists in Reading, in particular a network of safe cycleways linking residential, industrial and commercial areas, and giving access to the town centre. • To work with Sustrans, the Cyclists' Touring Club (both locally and nationally) and others

- interested in promoting cycling and the wellbeing of cyclists.To identify the needs of cyclists in Reading, for example the location of safe and secure
- parking, and to campaign for their provision.To work with and advise local authorities and, where necessary, criticise and highlight their shortcomings.

South Bohemia, A Cycling Paradise

Ngaire Kingsbury tells us about her trip along part of the Greenways trail which runs from Prague to Vienna.

If you are thinking of a European bike holiday this summer, and you think you have left it a bit late planningwise, I can recommend a great destination where my friends and I had absolutely no problems touring in late July 2011. We did no forward planning other than reserving bikes at Mikulov and looking at the Greenways site on the internet.

We picked up our bikes from Mikulov in the Czech Republic and cycled east to west along the southern border to Cesky Krumlov. There was a headwind on a couple of the days and it may have been easier if the prevailing wind had been behind us. In retrospect I would recommend a few days in Prague to get acclimatised, getting a train to Cesky Krumlov where the bikes can be picked up at your hotel, then cycling west to east ending the ride at Mikulov.

We generally followed the Greenway but easily included Telc (where our stay coincided with a hot air balloon festival) and Cesky Krumlov, which is the most fantastic fortified town I have visited in Europe to date, with the bonus of some gentle white water rafting. The route we took went



through ancient oak forests and sweeping agriculture of wheat and sunflowers, fish ponds, low-key local holiday homes, picturesque romantic towns and villages with castles, chateaux and monasteries. All cycle routes are very well marked and the information centres supplied detailed maps showing the cycle routes, bridle paths etc. By emailing Czech Republic Tourism you could probably get maps posted over for some advance trip planning. Some maps we picked up along the way.

- South Bohemia in Harmony a cycling paradise (booklet and map)
- Greenway Region Renaissance 1:60,000 around Telc
- Vyletnimapa 100 tipu na vylety at 1:360000

- Jihoceske cyklotrasy 1 at 1:50000 Ceske Budejovice city map 1:15000
- Greenway Praha Wien 1: 110000 printed off internet or from Stanfords in London.

We didn't book any hotels in advance, other than the one in Prague, and this worked fine. Even though we often arrived late in the afternoon, we easily got spacious three person rooms for reasonable rates (with respect to UK) whilst sticking to the top-end hotels. We cycled the whole thing, but it would be easy to shorten some of the longer days using trains. We had a great time in Czech Republic with awesome hospitality.

Some general observations and recommendations on the next page:





Reading Cycle Campaign offer on breakdown cover

Call 0800 212 810 Quoting ref: S576

Established 10 years ago as an alternative to the AA and RAC, the ETA offers a wide range of services to its members at extremely competitive prices, including a unique cycle rescue service. The ETA actively campaigns for a sustainable transport system for Britain.

The motoring organisation that won't cost the earth

www.eta.co.uk

The ETA has moved to new offices: 68 High Street, Weybridge KT 13 8RS Tel 01932 828 882 Fax 01932 829 015 Email eta@eta.co.uk

South Bohemia, A Cycling Paradise

- Eight days were fine for this route, leaving a day in hand for a rest day or bad weather, but there are lots of great sight-seeing, recreation and pampering opportunities at each town if you have more time available.
- If you need to cut this route short by a day, Telc can be omitted with the bonus of a route through the Canadian-like forests to Slavonice instead.
- Beer and wine are fantastic here, but there are other treats such as ripe apricots and plums to pick along the road side (late July/early August), and pancakes with stewed fruit and cream.
- A bike is great for surprising normally shy wildlife such as deer.
- A smart phone with a GPS location feature was handy when we wanted to check we were following the right forest path. Buy a local sim card when you get there, it is both the cheapest option and has the most effective coverage.
- You'll be impressed that all the locals are cycling. Groups of friends, families and Junak (similar to the Scouts) are regularly met on the paths. The tourists are almost exclusively from neighbouring Austria, especially the further you get from Cesky Krumlov, so even if your guidebook Czech doesn't do the trick, some very basic German phrases will get you a long way.
- Highly recommended article for getting excited about cycling and wine tasting in Czech Repulic www.transitionsabroad.com/listings /travel/articles/wine-tasting-inmoravia-czech-republic.shtml
- Open air opera is popular in the evenings. At least every third night had an offering complete with fireworks.
- Don't be afraid to use bridle paths and even some walking tracks in you're planning your route to avoid the roads.
- The train operator's website suggests reserving a space but it



wasn't necessary in South Bohemia where there is an entire carriage for the bikes. We used the train from Sedlic to Mikulov with no advance ticket purchase or bike booking and it was fine. Lifting the bike up from the low platform into the bike carriage was the only slight difficulty, but there was friendly help from the conductor. www.cd.cz/en/vnitrostatnicestovani/zavazadla-azvirata/preprava-kol/-8893/

 At Mikulov ask Top Bicycles to mark on your maps an afternoon circuit of Valtice and Lednice chateaux, wine tasting and forest paths.

We hired our bikes from Topbicycle who have places in Central Europe where you can drop off the bikes for free. Todd and his staff speak excellent English. The bikes were Treks and in spot-on condition. www.topbicycle.com

Greenways Travel Club/Topbicycle Bezru_ova 47 692 01 Mikulov Czech Republic Tel.: +420-519-512 203 Fax: +420-519-511 572 E-mail: info@gtc.cz



www.readingcyclecampaign.org.uk

Cycling and Electronics

Cycling saves fuel but what about a bit of electricity? Ron Knowles explains.

Nowadays many cyclists have mobile phones, smart phones, MP3 players and/or GPS, as well as bike lights. They all need electricity to run. Battery ones work fine so long as you have a supply of batteries. Re-chargeable ones are better for your economy but do depend on access to electricity, either mains, computer (USB), or car.

Cycle dynamos used to be available for lights which went off when you were stationary but nowadays these things are more sophisticated.

Hub dynamos are expensive (£40-£70 at least) and you have to have your wheel built round them as few are available 'off the shelf'. Most are on all the time and so create drag, albeit low, all the time. Bottle dynamos can be 'lifted off' the wheel when not needed but create more drag when in use and their alignment has to be accurate or else they might slip. Their prices range from £7 - £45 and can be (retro-) fitted directly to the bike.

Whichever type is used they are, in fact, alternators (a magnet rotating inside two coils of wire) and produce alternating current at 6 volts/3 watts (half an amp or 500 mA). Alternating current is fine for incandescent (e.g. tungsten or halogen) lights but no good

for LEDs or charging batteries. Also the voltage and current increase with speed - a bottle dynamo on a 28 inch wheel gets up to 12 volts at 12 mph, again no problem for incandescent lights, they just get a bit brighter with speed.

Therefore to run LED lights, charge batteries or other equipment you need around 5.2 V direct current (DC) and a current of at least 300 mA. This means having a gizmo (a regulator) to convert and stabilise the output from the dynamo. Dynamo-powered LED lights sometimes have this built-in. Lights which stay on for a few minutes when you are stationary are said to have a 'standlight' function. A little electrical power is stored in a capacitor which releases the power when the dynamo produces none.

To charge equipment using bike power from dynamos there are a few gizmos on the market but you will have to search the internet, and they are not cheap - £80 or more. Most common now is USB output and some have a selection of adaptors for different phones, cameras, etc. Look for 'ewerk', 'Busche and Müller', 'Brocott', 'BioLogic-Reecharge' and 'Tout-Terrain'.

The best re-chargeable batteries are now 'hybrid' NiMh sold by Maplin, Amazon etc, such as Recyko, they hold their charge longer and they are as good as alkaline batteries.

Updating our Records

If any of your details have changed, please let us know.

For example, people sometimes forget to inform relevant organisations when they change or get a new e-mail address.

Our newsletters are delivered to the street address we were last told about. Use this form to advise us of any changed details:

Old Name:__ Revised Name:____

Old Address:

New Address:

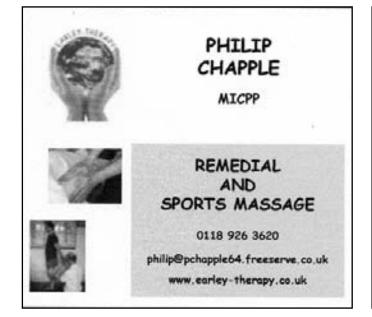
Old E-mail:_____

New E-mail:____

Send this completed form to:

Membership Secretary, 26 Barrington Way, Reading RG1 6EG

Data Protection Act: RCC keeps membership records on computer. This information is not disclosed to third parties.





A Bike Ride Into Climate Change

John Madeley tells about his new novel based on his trips around Africa.

After writing nine non-fiction books on development and poverty issues, plus a novel on the Make Poverty History campaign, I wanted to write a book about the impact of climate change on people. But I did not want to write anything academic, but rather a book that I hoped many people would find interesting. A novel, it seemed to me, was the best way to do it.

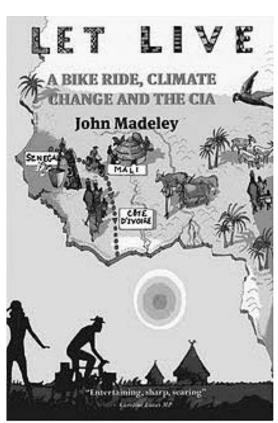
"Let Live, a bike ride, climate change and the CIA" is told through the eyes of environmental journalist David Fulshaw on a bike in Africa. It's about the people he meets on a six-month journey through six countries - Senegal, Mali, Cote d'Ivoire, Kenya, Tanzania and Zambia. It draws on my experience of meeting people in those countries affected by climate change. It looks at the human side of the change rather than the science, although there is just a little science in it.

But it's largely about people. Like for example a family that I met in a village in Senegal in West Africa, the first country the cyclist rides through. About 400 people used to live there, I was told, but now only a hundred remain. The family were loading a donkey cart with their possessions. They explained that they were leaving to survive. They were heading for the city.

The problem is water. The climate had changed, gradually lower rainfall, over the last ten years, especially, had left them with not enough water for themselves, their crops and livestock.

I could barely look at what was happening, a scene that is probably being repeated every day in parts of Africa. People affected have done nothing to cause climate change but are victims of it, turned into refugees in their own country.

In 2010, according to the Internal Displacement Monitoring Centre of Norwegian Refugee Council, 38 million people were forced to flee their homes because of hazards that were related to climate change - almost threequarters of a million people every week.



Villages like this made me realise the importance of us in developed countries reducing our carbon emissions. Cycling is part of it.

The man on a bike in my book loves his bike! Some extracts: "David began to appreciate the joy of being back in Africa and the joy he now felt cycling. Africa was a great love of his, and so was cycling. Two joys together overwhelmed him, made him feel he had entered a very different world, a world of freedom.

"He was out on the road, uplifted by the cycling, by the rhythmic turning of the pedals. Bliss. Freedom. The constantly changing scenery... Nothing compares to the simple pleasures of a bike ride. He had an attachment to that bike, it had been with him all the way. It was more than a bike, it was part of him."

The cyclist makes dire yet credible warnings about what is coming if nothing is done to tackle climate change. The articles he writes for his paper are strong enough to attract the attention of the CIA, who decide that he cannot be allowed to besmirch the name of the US. A plot is hatched to remove him.

The book has some humour, some crime, and aims to challenge Western government policies on climate change, and all of us also. Just as we are part of the problem, so we can be part of the solution.

There are more details on website: www.johnmadeley.co.uk



Got any comments, feedback, points of view or experiences to share with RCC readers?

Then write a letter to the Editor, and it will be printed in the next issue. We look forward to receiving them! newsletter@readingcyclecampaign.org.uk

CTC Bike Rides Listings

The CTC Bike Rides leaflet is being discontinued, so instead the listings will now be printed in this newsletter. You can still check the CTC website on http://www.readingctc.co.uk/rides to confirm details prior to attending a ride.

2012-03-04	ON	Benson Marina (NW)	10:00 Fount	Stave Convey 275 0022	Riverside Café 175/613917	35	Leisurely/Moderate
2012-03-04	ON	()		Steve Conway 375 9932 John Lomas 01344-420031	Blackwood Arms 175/935861		
2012-03-04		Littleworth Common (NE)	09:15 Earley			55	Moderate - 11s Dorney Court Off road
	OFF	South Stoke (NW) 10am Fount Michael Lehnehan 947 6947 Perch & Pike 174/596837 Rotherwick (S) - MEET FOR LUNCH FROM 12 NOON - Coach & Horses 175/7156			30	Oli Toau	
2012-03-06	ON	()				0	0.4
2012-03-07	OFF	Reading (S)	19:30 Fount	John Singleton 07813-818719	Horse & Jockey 175/709730	15	Off road
2012-03-07	ON	Reading (S)	19:30 Fount	Nick Clark 07866 033638	Horse & Jockey 175/709730	15	Leisurely
2012-03-11	ON	Lewknor (N)	09:15 Fount	Martin Lindupp 986 3583	Olde Leathern Bottel 165/715975	50	Moderate - 11s Ewelme
2012-03-11	OFF	Morning Ride (N)	09:00 Fount	Martin Soanes 948 4057	Return to Reading before 12:00 175/784843		Off road
2012-03-11	OFF	Crazies Hill (NE)	10:00 Fount	lan Doyle 07974-409607	Horns 175/799809	30	Off road
2012-03-11	ON	Little London (SW)	10:00 Earley	Richard Underwood 986 2444	Plough 175/621597	25	Leisurely
2012-03-13	ON	Benson Marina (NW) - ME	ET FOR LUNCH	FROM 12 NOON - Riverside Café	175/613917	0	
2012-03-14	OFF	Reading (S)	19:30 Fount	Richard Turner 945 3260	Foresters Arms 175/703728	15	Off road
2012-03-14	ON	Reading (S)	19:30 Fount	Nick Clark 07866 033638	Foresters Arms 175/703728	15	Moderate
2012-03-14	ON	Hannington (SW)	11:00	Morris Dowding 989 0326	Vine 174/540552	68	Meet 10:30 - 11:00 Wellington Country Park cafe
2012-03-18	ON	Wheeler End (NE)	10:00 Fount	Brian Maunder 01491-573722	Brickmakers Arms 175/802931	45	Moderate
2012-03-18	ON	Shortfield Common (SE)	09:15 Earley	Mike Hardiman 9793147	Hollybush 186/8442	65	Moderate/Brisk, 11s Redfields GC
2012-03-18	OFF	Checkendon (N)	10am Fount	lan Doyle 07974-409607	Black Horse 175/667841	25	Off road
2012-03-20	ON	Hawthorn Hill \'Drift Rd\' (E) - MEET FOR LUNCH FROM 12 NOON - Bird Hills Golf Centre 175/871749 0					
2012-03-21	OFF	Sonning (E)	19:30 Fount	Sel Dixon 954 6306	Bull 175/756756	15	Curry ride
2012-03-21	ON	Sonning (E)	19:30 Fount	Richard Pearson 07930-548379	Bull 175/756756	18	Leisurely - Curry Ride
2012-03-25	ON	North Waltham (SW)	9:15 Earley	Allan Adams 988 3044	Fox 185/5646	55	Moderate/Brisk, roadside 11s
2012-03-25	OFF	Devil\'s Punchbowl	Train Assist	Dave Keeble 07816 679453	pub en-route	30	Long off road. Train: 10:03 Reading - North Camp
2012-03-25	ON	Waltham St Lawrence (E)	10:00 Earley	Richard Underwood 986 2444	Bell 175/8377	25	Leisurely
2012-03-25	OFF	Sonning Eye (E)	10am Fount	Jayne Soanes 948 4057	Flowing Spring 175/747767	15	Short Off road
2012-03-27	ON	Bagnor (W) - MEET FOR LUNCH FROM 12 NOON - Blackbird 174/454693 0					
2012-03-28	OFF	Tidmarsh (W)	19:30 Fount	Karen Blofield 07771-800883	Greyhound 175/635747	15	Off road
2012-03-28	ON	Tidmarsh (W)	19:30 Fount	Simon Bird 07846 219114	Greyhound 175/635747	24	Brisk
2012-03-28	ON	Well (S)	11:00	Morris Dowding 989 0326	Chequers 186/7646	68	Meet 10:30 - 11:00 Hartley Wintney cafe
2012-04-01	ON	Windsor (E)	08:00 Earley	John Hammond 07818-400440	Queen's Farm Shop 175/982752	45	John's Breakfast Ride - Back by 1pm
2012-04-01	ON	Sherfield on Loddon (S)	09:30 Fount	Don Stead 988 3189	Four Horseshoes 175/680579	35	Leisurely/Moderate
2012-04-01	ON	'Downton Abbey' (W)	09:15 Theale	Simon Bird 07846 219114		55	Moderate/Brisk, 11s Thatcham GC
2012-04-01	OFF	Aldworth (NW)	10am Fount	Al Neal 967 9666	Bell 174/556797	30	Off road
2012-04-03	ON	Little London (SW) - MEET FOR LUNCH FROM 12 NOON - Plough 175/621597 0					
2012-04-04	OFF	Sonning (E)	19:30 Fount	Martin Soanes 948 4057	Bull 175/756756	15	Off road
2012-04-04	ON	Sonning Eye (E)	19:30 Fount	Sean Hayden 07801-414707	Flowing Spring 175/747767	24	Brisk
2012-04-07		• • • • •			Off-road - bunkhouse accommodation	0	



JE CEC working for cycling

Reading Cyclists' Touring Club presents

Local bike rides for all

We organise rides to suit all tastes every Tuesday and Sunday and on summer Wednesday evenings. Just turn up!

For more details call 0118 986 2763

or www.readingctc.co.uk

CTC Bike Rides Listings

				СТС	Bike Rid	e	es Listings	Rides
								Ð
2012-04-08 2012-04-08		Chaddleworth (W) Oakhanger (S)	09:30 Theale 08:45 Earley	Nora & Clive Gordon 942 5371 Allan Adams 988 3044	lbex 174/416772 Red Lion 186/769330	45 65	Leisurely/Moderate Moderate/Brisk - roadside 11s	Bike
2012-04-10 2012-04-11	ON OFF	Frieth (N) - MEET FOR LUN Barkham (SE)	ICH FROM 12 NOC 19:30 Fount	DN - Prince Albert 175/798907 Paul Roberts 986 8470	Bull 175/780669	0 20	Off road	
2012-04-11 2012-04-11	ON ON	Barkham (SE) East Ilsley (NW)	19:30 Earley 11:00	Nick Clark 07866 033638 Morris Dowding 989 0326	Bull 175/780669 Crown & Horns 174/493813	18 68	Leisurely Meet 10:30 - 11:00 Pangbourne cafe	U
2012-04-15 2012-04-15		Peppard Common Long Wittenham (NW)	08:30 Fountain 09:15 Fount	Alan Fryett 07770-315053 John Lomas 01344-420031	Red Lion 175/709819 Plough 174/553936	40 50	One stop ride, Moderate/ Brisk Moderate, 11s Benson	
2012-04-15	OFF	Morning Ride (N)	09:00 Fount	Martin Soanes 948 4057	Return to Reading before 12:00 175/784843	20	Off road	
2012-04-15 2012-04-15	ON	Gallowstree Common (N)	10:00 Fount	or 50km offroad - http://www.hono Richard Underwood 986 2444	Reformation 175/689802	60 20	Very Leisurely. 11s Herb Farm	
2012-04-15 2012-04-17		Gallowstree Common (N) Waltham St Lawrence (E) -	10am Fount MEET FOR LUNCH	Phil Allen 948 3454 I FROM 12 NOON - Bell 175/8377	Reformation 175/689802	25 0	Off road	
2012-04-18 2012-04-18		Shiplake (NE) Shiplake (NE)	19:30 Fount 19:30 Fount	Malcolm Fleming 986 4166 Simon Bird 07846 219114	Plowden Arms 175/764783 Plowden Arms 175/764783	20 25	Off road Brisk	
2012-04-22	ON	White Waltham (E)	10:00 Dinton	Rob Butler 986 2008	Beehive 175/850773	20	Leisurely	
2012-04-22 2012-04-22	ON	Shalden Green (S) Shalden Green (S)	09:15 Fount 09:15 Earley	Mick Simmons 954 3537 Lesley Adams 988 3044	Avenue Nurseries 186/693438 Avenue Nurseries 186/693438	60 50	Brisk, one stop ride Mod	
2012-04-22 2012-04-22		Beenham (W) Beenham (W)	10:00 Fount 10am Fount	Richard Turner 945 3260 Carol Sunderland 07961109068	Six Bells 174/585689 Six Bells 174/585689	30 30	Long off road Short off road	
2012-04-24 2012-04-25	ON OFF	Stanford Dingley (W) - MEE Whitchurch Hill (NW)	T FOR LUNCH FR 19:30 Fount	OM 12 NOON - Bull 174/577716 Paul Denley 948 3574	Sun 175/643793	0 15	Off road	
2012-04-25	ON	Whitchurch on Thames (W)	19:30 Fount	Paul Irving 967 7931	Greyhound 175/635771	22 0	Moderate	
2012-04-25 2012-04-29	ON	BIRTHDAY RIDES - All rides	s to the The Pack S		neau	0		
2012-04-29 2012-04-29	ON OFF	Chazey Heath (N) Chazey Heath (N)	09:15 Fount 10:00 Fount	Erica Johnson 966 6913 Darren Lumbroso 07709-086189	Pack Saddle 175/695772 Pack Saddle 175/695772	35 15	Moderate/ Brisk, 11s Ewelme/Benson Off road	
	ON ON	Chazey Heath(N) Odiham (S) - MEET FOR LU	09:15 Fount JNCH FROM 12 N	Mike Lingham DON - Water Witch 186/746517	Pack Saddle	25 0	Leisurely/Moderate	
2012-05-02 2012-05-02		Sonning Common (N) Sonning Common (N)	19:30 Fount 19:30 Fount	Martin Soanes 948 4057 Jeanette Jeans 07897 512 491	Bird in Hand 175/715792 Bird in Hand 175/715792	20 18	Off road Leisurely	
2012-05-02	ON	Dinton 100km Audax. 10:00	start from the multi	-activity centre, Sandford Lane. Pa		0		
2012-05-05 2012-05-06	OFF ON	SATURDAY to MONDAY: So Aston (NE)	outhwest off-road e 10:00 Fount	vent. Elliot Dean 07879-647681 Steve Conway 375 9932	Flower Pot 175/784843	0 35	5-7th May Leisurely/Moderate	
2012-05-06 2012-05-08		Ecchinswell (SW) Watlington (N) - MEET FOR	09:15 Earley LUNCH FROM 12	Martin Lindupp 986 3583 NOON - Fox & Hounds 175/69194	Royal Oak 174/498595 I6	50 0	Moderate, 11s Pamber End GC	
	OFF	Gallowstree Common (N) Gallowstree Common (N)	19:30 Fount 19:30 Fount	John Sharpe 07775-824231 Nick Clark 07866 033638	Reformation 175/689802	20 27	Off road Brisk	
2012-05-09	ON	Ecchinswell (SW)	11:00	Morris Dowding 989 0326	Reformation 175/689802 Royal Oak 174/498595	68	Meet 10:30-11:00 Elm Park GC, Pamber End 175/61	2587
2012-05-13 2012-05-13		Benson Marina (NW) Enborne (W)	08:00 Fount 09:30 Theale	John Hammond 07818-400440 Nora & Clive Gordon 942 5371	Riverside Café 175/613917 Craven Arms 174/4264	50 45	John's breakfast ride. Back by 1pm Leisurely/Moderate	
2012-05-13 2012-05-13		Cotswolds Morning Ride (N)	Charlbury Station 09:00 Fount	Simon Bird 07846 219114 Martin Soanes 948 4057	Return to Reading before 12:00 175/784843	60 20	Train assist. Meet 08:15 Reading Station Off road	
2012-05-13 2012-05-15				art Rickmansworth - www.bucksoffi OON - Dew Drop Inn 175/824815	-	0 0	http://www.bucksoffroadsportive.co.uk/	
2012-05-16	OFF	Theale (SW)	19:30 Fount	Jim Thompson 07906 164 486	Crown 175/6471	20	Off road	
2012-05-16 2012-05-20		Theale (SW) Crazies Hill (NE)	19:30 Fount 10:00 Fount	Richard Pearson 07930-548379 Jeanett Jeans	Crown 175/6471 Horns 175/799809	18 30	Leisurely Leisurely	
2012-05-20 2012-05-20		Chieveley (NW) Exlade Street (N)	9:15 Fountain 10am Fount	John Lomas 01344-420031 Sel Dixon 954 6306	Old Red Lion 174/475738 Highwayman 175/660819	40 25	Mod, Meet vintage bikes run Long off road	
2012-05-20 2012-05-22		Exlade Street (N) Aldworth (NW) - MEET FOR	10am Fount	Jayne Soanes 948 4057 NOON - Four Points 174/554788	Highwayman 175/660819	15 0	Short off road	
2012-05-23	OFF	Waltham St Lawrence (E)	19:30 Fount	JD 07917 063231	Bell 175/8377	25	Off road	
2012-05-23 2012-05-23		Waltham St Lawrence (E) Ewelme (N)	19:30 Earley 11:00	Martin Paintin 07715 164610 Morris Dowding 989 0326	Bell 175/8377 Shepherds Hut 175/639919	18 68	Leisurely Meet 10:20 - 11:00 Herb Farm cafe Sonning Commo	n
2012-05-26 2012-05-27		25th - 27th: Family camping Henley, Oxon (N)	weekend, lvinghoe 08:00 Fount	. Mark Hoyle 954 5453 John Hammond 07818-400440	Toad Hall Garden Centre175/764845	0 35	John's Breakfast ride- River bank trip	
2012-05-27 2012-05-27	ON	Frieth (N) Windsor Great Park	09:30 Fount 09:15 Fountain	Keith Alexander 921 2871 Sean Hayden 07801-414707	Prince Albert 175/798907	45 65	Leisurely/Moderate Brisk, 11s Marlow	
2012-05-27	ON	Saunderton Station (N)	09:15 Fount	Lesley Adams 988 3044	Golden Cross 165/815980	65	Moderate, 11s Watlington shop	
2012-05-27 2012-05-29	ON	Long Sutton (S) - MEET FO	10am Fount R LUNCH FROM 1	John Singleton 07813-818719 2 NOON - Four Horseshoes 186/7	Frog 175/775903 3 42472	35 0	Off road	
2012-05-30 2012-05-30		Sonning Eye (E) Sonning (E)	19:30 Fount 19:30 Fount	Paul Denley 948 3574 Jeanette Jeans 07897 512 491	Flowing Spring 175/747767 Bull 175/756756	20 20	Off road Moderate	

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You can now find RCC on Facebook: http://www.facebook.com/ReadingCycleCampaign and Twitter: http://twitter.com/ReadingCycle

Next newsletter copy date: 30 April 2012 The newsletter is now available electronically, so if you'd prefer to go paperless contact the newsletter editor at newsletter@readingcyclecampaign.org.uk

Campaign Diary

Help Out at the Farmers' Market

If you'd like to volunteer for the RCC stand please contact our Events Coordinator Jeanette Jeans *(see above)*. Our stand at the Farmers' Market at Great Knollys Street will be on the first Saturday of each month from 8.45-11.30am:

Saturday 3 March 2012 • Saturday 7 April 2012 Saturday 5 May 2012 • Saturday 2 June 2012

Want to get more involved and meet more cyclists?

If you can spare an hour or two why not help us out with our local campaigning? Contact the Events Coordinator and she'll let you know when there are opportunities to help out. It's great fun and we won't commit you to anything.

Council Contacts

Please let the relevant campaign officer know of anything you've reported.

Reading Borough Council

General cycling queries: 0118 939 0900 x 4881; parking: parkingservices@reading.gov.uk; traffic lights: 0118 939 0611; potholes 0800 626540

Wokingham Borough Council 0118 974 6302

West Berkshire Council 01635 519080 or www.westberks.org.uk

Windsor and Maidenhead www.rbwm.gov.uk

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Published by Reading Cycle Campaign, 53 G;oucester Road, Reading RG30 2TH; Tel: 0845 330 2543 Opinions expressed in this newsletter are not necessarily endorsed by the Campaign.